

PROTOCOL OF ACTION IN CASE OF ACCIDENTS

Protocol for action in the event of a medical emergency at the Bike Park site:

1- Those that imply gravity or high risk for the cyclist:

Loss of consciousness

Sudden behavioral disorder (aggression, psychomotor disorder, epileptic seizures, seizures, etc.)

Breathing difficulty and / or fainting.

Cranial injuries with signs of severity (such as altered consciousness, impaired general condition, nausea, vomiting, etc.)

In these situations, you must first call **112** and then call the Bike Park Base Camp to report the cyclist and assist in the fastest evacuation.

We remind you that 112 is a medical device where everyone mobilizes: Firefighters, Local Police, Ambulance and if necessary Helicopter. Therefore, before calling, assess the condition of the cyclist with conscience and serenity. When in doubt, always call Base Camp first.

2- Those that involve severity or medium risk for the cyclist

Serious injuries and / or fractures - dislocations (intense pain, obvious deformity) and severe soft tissue injuries (large cuts, major burns,...)

In these situations you must first notify the Base Camp and then call **061** to activate an ambulance to facilitate their evacuation, if necessary. The Bike Park lifts themselves will remove the cyclist, as long as he can get up (spinal trauma or leg trauma), and take him to Base Camp where he will be evacuated by private transport (if the situation is not possible he will be evacuated by own Bike Park (unless you have family or companion) or by ambulance).

3- Those that involve gravity or low risk for the cyclist

All other situations that are not considered serious or moderate:

Initial assessment of cyclist.

Application of first aid or immediate support measures (Base Camp)

Alert on 061 and follow its directions.

Communication by telephone to the family.

Transfer, if necessary, to the relevant health center in particular.

Those that do not involve an immediate risk for the cyclist:

Fever

Abdominal pain or headache

Diarrhea and / or vomiting

Mild trauma (blows) and minor soft tissue injuries (wounds, bites, cuts, lacerations ...)

In this case, first aid will be applied according to the pathology and the family will be called later. If there is an injury that requires suturing or a medical evaluation, a relative or companion will be contacted to bring him or her to the appropriate medical center.

We inform you that the nearest medical center is the Hospital de Granollers located at C / Francesc Ribas sn 08402 Granollers, telephone 938 42 50 00

We understand Camp Camp as the ski pass collection area located at C / Maduixers sn 08530 La Garriga, telephone 639.779.310.

Two telephone numbers at our service 24 hours a day, 365 days a year. But ... which is more appropriate to call in case of a medical emergency?

The first thing to keep in mind is that an **urgency**, an immediate medical need and an **emergency**, a **situation that puts the person's life at risk**.

112 is the reference number for **resolving emergency situations** that require immediate intervention by firefighters, police and health professionals. When a person dials this number, the Emergency Coordination Center receives the call and manages the request for assistance in the most appropriate way in each case. 112 is therefore the most suitable option for situations such as theft, accidents, assaults, fires and medical emergencies.

061 Salut Respon, on the other hand, is **more focused on resolving doubts, queries or health problems that are not an emergency, or directing the person to the most appropriate health center in the event that their situation does not require immediate care**, with the aim is to avoid unnecessary travel and waiting times and thus avoid overloading the healthcare system. However, in the event of a medical emergency, you also have the ability to activate a doctor at home or, if necessary, an ambulance or medical helicopter.

It is also important to keep in mind that the two services are connected and work in a coordinated manner, which means that calling one or the other number should not mean more or less waiting time.